

Measuring Guide

Around the shoulder

Take the tape under the arm and back to the shoulder, vertically. Take two measurements:

- 1) with your arm up, at right angles to your body,
- 2) with arms resting at your side.

Shoulder to Shoulder

Measure from the edge of one shoulder across the back of the neck to the edge of the other shoulder.

Shoulder to Elbow

From the same point on the shoulder with the arm still bent, measure to the elbow bone.

Elbow to Wrist

Bend arm at 90 degrees and measure from elbow bone to wrist bone.

Hips

Should be measured across the centre of the hip bone, not around the bum.

Seat

Measure around the widest part of the bum.

Waist

Measure your waist, don't pull your stomach in.

Chest

Measure with both arms by your side. Tape should be through the arm pits. Keep the back straight and don't curve the tape over the back. **Girls**, in addition to the above measure across the bust at the widest point, and the distance from the base of the neck to the centre of the bust line. Also advise cup size.

Bicep

Measure the widest part of the upper arm.

Forearm

Measure the widest part of the lower arm.

Wrist

Around the wrist.

Height & Weight

That's easy.

Have a friend measure you over the clothes you usually wear skydiving. Please keep in mind that every measurement is crucial to the satisfactory fit of the jumpsuit.

If we receive incorrect measurements, we will have to charge for modifications.



Fill in the measurements in centimetres in the boxes provided.

NAME: _____

ADDRESS: _____

STATE: _____ **POST CODE:** _____

TEL: (H) _____ (W) _____

(Mobile) _____

EMAIL: _____

